

LEVEL 5 NUTRITION, TROPICAL DISEASES & COMMON ILLNESS

Main teaching resources:

Nutrition Year 4 Teacher
Health Year 4 Teacher
Health Year 5 Teacher

- ✓ *These books are scanned into the main office computer. If you would like to use a page for an activity, tell Miriam the page number and she'll print it for your students.*
- ✓ *These books are also in the AV room computer, in your own folder on the screen, so you can show the pages on the screen.*

Some screen resources for NUTRITION and HEALTH books:

PowerPoint Presentations: *Human Digestive System 1,2,3; Prevention of Malaria & Dengue Fever; Malaria; Scabies.*

Illustrated sheets: *Foods of Vanuatu, Vanuatu national nutrition plan; Scabies.*

Pictures: *3 food groups (3 pics); Anopheles mosquito; malaria life cycle; plasmodium Falciparum blood slide (Falciparum malaria); round worm; flatworm.*

Movies: *Human Digestive System (5 mins); How do infectious diseases spread (1 min); Scrubs – bacterial movement (1 min).*

Unit Title Part #1: NUTRITION

Topic:

Learning outcomes:

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(to be completed by Helen B with Monica)

Unit Title Part #2: TROPICAL DISEASES & COMMON ILLNESS
YEAR FOUR BOOK

Topic 1 (Lesson 2)

Learning Outcomes:

- Boils, their prevention and treatment. Boils are infectious.

Topic 2 (Lessons 3 & 4)

Learning Outcomes:

- Scabies, what causes it, how to recognize it if someone has it, and how to treat it. Learn that basic body and home cleanliness will prevent it.

Topic 3 (Lesson 6, and Lesson 10 pgs 33-36, & 37-44)

Learning Outcomes:

- What contagious (infectious) means. Learn the different ways diseases can pass from one person to another.

Topic 4 (Lessons 7-9)

Learning Outcomes:

- What microbes are (living, some are invisible). How they grow.

Topic 5 (Lessons 11&12)

Learning Outcomes:

- What actions each person should take, to keep ourselves and our family and friends healthy.

Topic 6 (Lessons 14-17 & 21)

Learning Outcomes:

- Learn about worms that live in the intestines. Names of some common harmful worms. How to prevent them from getting into our body. How to treat them if they are in our body. What different parts of the body are affected by two kinds of worms common in Vanuatu. Learn how to recognize if you or someone else might have worms.

Topic 7 (Lessons 18-20)

Learning Outcomes:

- Flies leave their waste (shit-shit) anywhere, and spread disease. Where flies live, how they are born, and how they grow. How to get rid of flies. Life cycle of a fly.

Topic 8 (Lessons 22-24)

Learning Outcomes:

- Diarrhoea can be dangerous in young children. Dehydration and how to rehydrate (how to reverse dehydration). *The Health Year 6 book talks about this topic in lessons 23 & 24.*

Unit Title Part #2: TROPICAL DISEASES & COMMON ILLNESS **YEAR FIVE BOOK**

Topic 9 (Lesson 18)

Learning Outcomes:

- Learn about the role of mosquitoes in the transmission of malaria and dengue fever. Learn the life cycle of mosquitoes. Learn how to control mosquito breeding sites.

Topic 10 (Lessons 13&14)

Learning Outcomes:

- Understand that ignorance causes illness which should not have happened. Understand that poor hygiene is a common cause of illness. Learn the cleanliness and hygiene errors people make. Learn the correct hygiene habits.