

### LEVEL 3

**Main Teaching Resource:**  
**Health - Year 3 teacher's book**

**TEACHER PLEASE NOTE:**

- ✓ *This book is scanned into the main office computer. If you would like to use a page for an activity, tell Miriam the page number and she'll print it for your students.*
- ✓ *This book is also in the AV room computer, in your own folder on the screen, so you can show the pages on the screen.*

**Some screen resources for this learning unit:**

Documents & presentations (illustrated information sheets & PowerPoints):  
*Scabies; Teeth; Boils; Foods of Vanuatu.*

Pictures: *3 food groups, flatworm, roundworm, fly, louse (mite).*

Movies: *Handwashing (2 mins); scrubs-bacterial movement. Lyndall teaching the lesson.*

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**Unit Title: HEALTH**

**Topic 1: Learning about scabies**  
**(pgs 30-37)**

Learning Outcomes:

- What scabies is, how to know if someone has it, how to prevent it, and how to treat it.
- What a mite is, what it looks like to the naked eye, and also under a microscope.
- What a mite does and where it lives on your body. Learn how to prevent mites from being passed on.
- What a parasite is.

**Topic 2: The importance of seeing and hearing**  
**(pgs 38-49)**

Learning Outcomes:

- Appreciate the value of being able to see and hear.
- The eyes, the names of their parts, and how they see.
- How to know if someone has a sight problem (see teacher's notes).
- How to avoid injuring eyes, and how to treat eyes that are infected.
- How to prevent infection from being passed on to others.
- The ear, how it hears, and the names of its parts.
- The things that injure our ears, and how to avoid injury.
- What to do if our ear hurts.

### **Topic 3: What causes teeth to hurt (pgs 54-63)**

Learning Outcomes:

- The reasons why a tooth can hurt.
- What healthy teeth look like, and what unhealthy teeth look like.
- Germs in our teeth make acid from the food left between or on our teeth, and that the acid eats away our teeth and makes holes in them (the same as other strong acids would do).

### **Topic 4: Foods that are high or low in sugar (pgs 64-68)**

Learning Outcomes:

- Which foods are high and which are low in sugar, and which foods don't contain any sugar.
- Your generation is different from your grandparents' generation because of soft drinks, cordials, sugars, lollies and other sweet foods that didn't exist when your grandparents were young! *The desired outcome is that students will want to eat healthy non-sugar foods, to have healthy teeth and bodies, and that they will know which foods to choose and which foods to say no to.*

### **Topic 5: The importance of clean teeth (pgs 69-76)**

Learning Outcomes:

- Teeth need to be cleaned regularly, the different ways of cleaning your teeth (toothpaste and other ways), and how to prevent your teeth from getting holes.

**Topic 6: Discovering the existence of microbes  
(pgs 77-87)**

Learning Outcomes:

- What a microbe (germ) is, what a microscope is, and that microbes can only be seen through a microscope. Learn how the microbes that cause sickness can be passed on to others.

**Topic 7: Natural protection from sickness  
(pgs 88-90)**

Learning Outcomes:

- Learn some of the different ways that our bodies are protected from disease because of the way God made us. Also, that there are things we can do to protect ourselves and other people from disease.

**Topic 8: Immunization  
(pgs 91-97, and 149&150)**

Learning Outcomes:

- Immunization, how getting immunized affects your body, and some of the important diseases immunization prevents. *(The desired outcome is that students will understand and have a positive attitude about immunization).*

**Topic 9: Children's Growth (pgs 100-102)**

Learning Outcomes (to be assessed):

- Learn to be involved in monitoring your own growth, and understand that your height is affected by their health.

**Topic 10: The danger of intestinal worms to our health  
(pgs 103-109)**

Learning Outcomes:

- Worms living in our bodies are dangerous to our health and can make us seriously sick (some people die from worms living in their bodies).
- How worms get into the body, how to stop them from getting in, and how to get rid of them if they have infested your *body* (teacher, note the word is *infested* or *invaded* - not *infected*)

**Topic 11: Roundworms**  
**(pgs 103-122)**

Learning Outcomes:

- Life-cycle of a roundworm, and how we can and should interrupt the cycle.
- What a roundworm looks like and how to treat it.

**Topic 12: How human waste can spread intestinal worm diseases**  
**(pgs 123-133)**

Learning Outcomes:

- Worm infestation and how worms *infest (invade)* the body.
- How waste and flies are the most common cause of worm diseases, and how to keep flies away and get rid of them.
- The importance of cleanliness rules for keeping yourself, your family and your community free of intestinal worm diseases.